Key messages:
If your sore throat is not treated, it can lead to heart disease.

Always visit a health clinic if you have a sore throat and fever.

Always take your medicine exactly as directed.

A sore throat can hurt your heart.

A Rheumatic Heart Disease Education Booklet for Children

This coloring book made possible through the generous support of the Edwards Lifesciences Foundation.
Maria likes to play with her friend.

You can grow up to be healthy too!
If you have a sore throat, take the medicine exactly as directed.

One day Maria has a sore throat.
Should Maria go to a health clinic?

They should not have chosen a home remedy.
When Maria had a sore throat, Mum & Dad should have brought her to the health clinic.

Mum & Dad decide not to go to the health clinic. They choose a home remedy instead.
2 weeks later Maria feels sick again. She has a fever.

She will need to take medication for the rest of her life, and may need surgery.
Maria goes to the health clinic. Her heart is very sick.

Her elbows and knees and other joints hurt.
As Maria gets older, she gets tired easily. She cannot play with her friends.

It is also hard for Maria to breathe.